



#### **Overview**

Relationships are inherently generative--they produce something the moment two or more people get together. What is created may be feelings or stories or plans or ideas. It could be something as mundane as a task list or as profound as a baby. In this course you will focus on partnerships as a creative force, and examine sophisticated concepts like the Path of Relationship, Quantum Physics and Dreams while exploring how to create a shared vision and a strategic plan for achieving that vision.

## The Path of Relationship

Relationships, personal and professional, are paths to growth. In order to maximize the power and potential of relationships, one must understand the different levels of reality in which relationship dwells, and then become more fluid at moving among those levels. In this course, you will learn how to help your clients choose what they create.

If you've ever worked with a client who is "stuck," in this kind of thinking, you'll appreciate the simple and elegant tools this course provides for moving beyond that place. Lands Work allows participants to develop an awareness of the diversity and differences which people add to a system and proactively create from these differences, while flexing their empathic abilities.

#### Roles

Often people become identified with the job they are doing, whether that job be a physical task they are performing (an "outer role" like a CEO or Teacher) or an emotional job for which they feel responsible (an "inner role" like being the peacemaker, or the one who speaks up about things). This course examines the distinction between the person and those many roles that can be occupied consciously, intentionally and skillfully.

De-personalizing the roles that exist in a system opens up new possibilities for how those roles interact. When issues arise for your clients, you'll be equipped to help them look at a role that needs to be occupied differently, and move beyond blame, guilt and personal failure.

"Geography is a practical, tool driven, and fascinating course. I left with a number of fresh insights, new tactics and a deeper understanding of the underlying structure of relationships. The very next day, I was able to put many of them into practice within my corporate environment and executive coaching practice."

Jim Kelly CFP, CPCC, Assistant Vice President Retail Sales and Marketing, Prairie Region Canadian Western Bank



### **Course Objectives**

By the completion of this course, you will:

- Understand the theory and application of the Three Levels of Reality and how they are critical to the healthy functioning of relationship systems of all kinds.
- Be able to uncover and coach the conscious and unconscious fears that impact relationship behaviors (High/Low Dream).
- Know the theory for identifying the deep meaning of each relationship system and have the tools to assist clients in accessing it (Relationship Myth).
- Understand the function of relationship myth as a governing structure for relationships of all kinds and the need for myth change over time.
- Have tools for working with myth and myth change and have a chance to practice those tools with personal and organisational vignettes.
- Have a tool for creating conscious and intentional emotional fields to support specific coaching situations (MetaSkills™ Wheel).
- Possess a set of large-scale tools for bringing an organisational vision down into practical reality (Bringing Down the Vision).
- Know at least three techniques for exploring the transpersonal aspects of relationship systems; (Myths, MetaSkills™, and Partner as Aspect of the Divine Dreammaker).



This model (inspired by Arnold Mindell's work) is a metaphor that depicts how things manifest through Quantum Levels to everyday reality.

#### **ICF Accredited**

ORSC is the only ICF accredited relationship systems-based training for coaches, consultants, trainers and therapists.

"We all move on the fringes of eternity and are sometimes granted vistas through the fabric of illusion."

**Ansel Adams** 

UPCOMING TRAINING DATES IN DUBAI

10-12 November 2016

#### **REGISTER TODAY!**

Email us at *info@berlotgroup.com* for more information or call us on +971 4 4569522



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# Agenda

Day One		Day Two	
10:00	Welcome Exercise	9:00	Homework Debrief
10:15	High Dream - Low Dream Discussion	9:30	Levels of Reality
10:30	High Dream - Low Dream Exercise in Pairs	10:00	Shambhala Bow
11:00	Debrief	10:10	MetaSkills Discussion
11:15	Logistics	11:00	Break
11:30	Break	11:15	MetaSkills Coaching Exercise in Pairs
11:45	The Way of Relationship Demonstration	11:45	Debrief
12:15	Coaching Exercise in Pairs	12:00	Lunch
1:00	Debrief	1:15	Sandbox Coaching a Partnership
1:15	Lunch	2:15	Debrief
2:30	Relationship Myth Discussion	2:30	Word Channel Discussion
3:30	Break	2:45	Discovering Essence Demonstration
3:45	Working with Myth Change Demonstration	3:00	Essence Exercise in Small Groups
4:15	Coaching a New Myth Practice	3:15	Debrief
5:15	Debrief	3:30	Quantum Flirts Demonstration
5:30	Metacouple Discussion	4:00	Quantum Flirt Coaching in Pairs
6:00	Adjourn	4:45	Homework
		5:00	Adjourn





# **Agenda**

## Day Three

9:00	Homework Debrief in Triads
9:45	Review Levels of Reality
10:00	Applying the Three Levels of Reality to System Work Discussion
10:45	Bringing Down the Vision Discussion
11:00	Harvesting the Vision: a Group Process
11:30	Consensus Reality Brainstorming
12:00	Dreaming Up Discussion
12:15	Lunch
1:30	Partner as Truth Teller Demonstration
2:00	Partner as Mirror Coaching Practice in Triads
3:00	Break
3:15	Debrief the Coaching Practice
3:30	Dreaming the Divine Discussion
3:45	Visualize the Divine Discussion
4:00	Debrief
4:15	Certificates and Evaluations
5:00	Adiourn

